

Good Catch, Jaimie Kuriakose and Christine Stankiewicz!



Jaimie Kuriakose, MSN, RN, CNL, clinical nurse on 13 West in Feinberg Pavilion at Northwestern Memorial Hospital, was working closely with a patient who had been in the hospital for more than three weeks with a complicated case. Based on a recommendation from Rehabilitation Services, the patient was using a sit-to-stand patient lift to safely get to a standing position, and performing leg exercises in bed.

Before the patient's next therapy session, Kuriakose shared some observations with Christine Stankiewicz, PT, DPT, physical therapy resource coordinator for Rehabilitation Services at Northwestern Memorial Hospital. Based on her daily interactions with the patient, Kuriakose thought he might be able to safely get up and walk on his own.

Upon treating the patient, Stankiewicz determined the patient could safely walk on his own and was able to be discharged instead of moved to the next level of care. The collaboration and communication between Kuriakose and Stankiewicz positively impacted the patient's experience by decreasing his length of stay.

Question & Confirm is a tool that supports the safety behavior Practice and Accept a Questioning Attitude. Having a questioning attitude is the single most effective component of critical thinking, and Question & Confirm is a two-step critical-thinking technique for processing raw information into fact. In this situation, Kuriakose **questioned** the current recommendation by initiating a respectful conversation with Stankiewicz. Together, they **confirmed** that the patient was able to walk on his own.

"The physical therapists don't see patients all day like nurses," Stankiewicz explains. "It was great that Jaimie trusted her judgment and asked the question about walking, when the recommendation was assistive equipment."

To learn more about enhancing the interdisciplinary team approach when it comes to mobility and much more, attend the Impact of Mobility conference at Northwestern Memorial Hospital on October 11, 2018. To learn more and register, visit My Learning (<https://nmi.nmh.org/wcs/page/mynmi-my-learning>) and search "Impact of Mobility: Advancing Your Practice to Improve Patient Outcomes."

Congratulations, Jaimie Kuriakose and Christine Stankiewicz, for making a Good Catch! And thank you for your dedication to keeping our patients safe. If you have a Good Catch story you would like to share, please email us at SafetyAlways@nm.org (<mailto:SafetyAlways@nm.org>).